



Crestmont Christian Preparatory School Athletics Handbook

Revised June 2025

Table of Contents

| | |
|--|----|
| Introduction | 3 |
| Mission Statement | 3 |
| Crestmont Athletics Philosophy | 3 |
| Middle School Philosophy | 4 |
| High School Philosophy | 4 |
| Coaching Policies | 4 |
| Athletic Opportunities for High School and Middle School | 4 |
| Athletic Association Memberships | 5 |
| Code of Conduct: | |
| Athletes | 6 |
| Terms of Partnership for Parents | 6 |
| Expectation for Game Spectators | 6 |
| Participation Fees | 7 |
| Required Forms for Participation | 7 |
| Team Schedules | 8 |
| Team Communication | 8 |
| Practice and Game/Meet Cancellation | 8 |
| Addressing Concerns or Issues | 9 |
| Athletics Policies: | |
| Team Membership | 10 |
| Practice Times | 10 |
| Playing Time and Game Strategies | 11 |
| Varsity Letters | 11 |
| Letter Jackets | 12 |
| Attendance | 13 |



| | |
|--|----|
| Holidays | 14 |
| Illness and Injury | 14 |
| General Information: | |
| Uniforms | 15 |
| Practice Uniforms | 15 |
| Travel | 16 |
| Early Release | 16 |
| Facility Usage Policy | 16 |
| Gyms/Locker Rooms | 16 |
| Equipment | 16 |
| Interscholastic Participation | 17 |
| Academics | 17 |
| Academic Eligibility | 17 |
| Team Participation if Ineligible | 18 |
| Athletics Credits for Graduation Requirement | 18 |
| Disciplinary Issues | 18 |
| Suspension from School | 18 |
| Substance Abuse and Hazing | 19 |
| Non-Crestmont Sports Team Participation | 19 |
| Failure to Complete a Sports Season | 19 |
| Crestmont Student Athlete/Parent Contract for Athletic Participation | 20 |



Introduction

The Crestmont Christian Preparatory School Athletics Handbook describes the mission, philosophy, and policies that guide interscholastic athletics at Crestmont. It is intended to be a reference for coaches, student-athletes, and parents.

Athletics at Crestmont is voluntary in nature. Participation in the athletics program implies agreement with the responsibility to meet the standards and requirements stated in this handbook and supplemented by the coach for each sports team.

The requirements herein are established to set the expectations for how the Athletic Department and each sports program will be managed, and expectations for conduct of student athletes and parents. The driving desire is to facilitate respectful, productive communication and common goals throughout Crestmont's athletics community.

It is our desire to put our Lord Jesus Christ first in all that we do. The Athletics staff is confident that God will be present and the primary influence for the growth and development of our student athletes. Thank you for joining us outside of the classroom as we seek to build on the student athlete disciple-making process that starts in the home.

Mission Statement

Crestmont Athletics exists to support the Crestmont school mission of "Partnering with parents to create an exemplary learning environment using education as the conduit for discipleship." Athletics supports this by teaching student athletes the qualities necessary to compete and strive for excellence on the court and in the classroom, always learning that the most important thing is to put Jesus Christ first and do all things for His glory.

Crestmont Athletics Philosophy

Athletics can be an instrumental part of a student's discipleship journey. To that end, Crestmont Athletics is not solely focused on wins and losses. Our focus is on building sports programs and a culture that values the development of the mind, body and spirit of the athlete first. We do this by:

- Developing Christian leaders who glorify God in all they do
- Teaching and developing athletic skills, good judgment, character and leadership
- Instilling a strong work ethic and discipline



- Valuing teamwork, commitment and cooperation
- Encouraging faith, ethical conduct according to God's Word and good sportsmanship
- Developing disciples of Christ who are dedicated to God, who learn the values of sacrifice and perseverance in the face of adversity

Wins and losses are just one measurement of how well we are doing these things, and they are the least important measure of our success. If we put the Lord first and the principals He teaches us, success will follow.

Middle School Philosophy

Middle school athletics provides the introduction to competitive sport. Because it is important to have players learn the fundamentals correctly from the beginning, the emphasis of the middle school program will be developing skills and habits. Athletes may be encouraged, and asked, to learn different skill positions in their sport. This will help athletes find what they're capable of, learn new skills, and instill the idea of supporting the team as a primary goal in athletics. The level of success achieved in high school athletics is directly related to the skills developed through the middle school program.

High School Philosophy

High school athletics will transition athletes from learning and reinforcing the fundamentals of each sport to focusing on competing and develop each athlete's vision and understanding of the game. As athletes move towards varsity-level play, coaches instructions should be adjusting from reinforcing game mechanics to understanding how to adjust in-game strategy and techniques for success.

Coaching Policies

Coaches may establish additional rules and standards for their team and/or program which can go beyond what is listed in this handbook. These policies shall be consistent with this handbook and other school policies.

Athletics Opportunities for High School and Middle School

Crestmont's Competitive Sports, offered by Crestmont:

Fall Sports

- Flag Football – Boys (6th – 12th grade)
- Cross Country - Boys and Girls (5th – 12th grade)



- Volleyball – Girls (5th – 12th grade)

Winter Sports

- Basketball - Boys and Girls (5th – 12th grade)

Spring Sports

- Track and Field - Boys and Girls (5th – 12th grade)

Crestmont's Club Sports, which are sports opportunities developed in partnership with non-Crestmont organizations, may include the following options offered at various times during the school year:

- Tennis – Co-ed (open to all grades)
- Golf – Co-ed (open to all grades)

Crestmont Christian Preparatory School organizes teams around the gender of the athlete given by God. Teams composed of both biological boys and girls will either compete as co-Ed teams or in Boy's divisions for TAI AO league play.

Only students enrolled at Crestmont and homeschool students are eligible for Crestmont athletic participation. For all eligible athletes, age eligibility will follow TAI AO league rules.

All High School athletes are varsity-eligible athletes, and all High School teams will start with a Varsity team. A Junior Varsity team may be added, depending on the number of participants.

Middle School teams may separate into A and B teams depending on the number of participants. Teams may be separated by grade or skill level.

5th graders are eligible to participate in Crestmont Athletics.

Crestmont Athletics will never cut a player due to athletic skill level in either High School or Middle School. Evaluations may occur to determine which team is most appropriate for each player (ie., Varsity or Junior Varsity). Seniors will always play on a Varsity team.

Athletic Association Memberships

TAI AO



Crestmont is a member of the Texas Association of Independent Athletic Organizations (www.taiao.org) for all competitive sports offered by Crestmont except Flag Football.

Flag Football participates with other schools in the local area.

Crestmont's Club Sports do not compete in any formal athletic associations.

Code of Conduct

The foundation of the Code of Conduct is Matthew 22:37 & 39: "Love the Lord your God with all your heart and with all your soul and with all your mind...Love your neighbor as yourself."

Athletes

All athletes are expected to behave in the highest levels of conduct by modeling Jesus Christ both on and off the field or court of athletic competition. This includes adhering to all team rules instituted by the coach, all Crestmont standards of conduct and behavior, and ultimately according to the Word of God.

Any student athlete who does not maintain a satisfactory level of conduct will be subject to disciplinary actions which may affect their athletic participation.

Terms of Partnership for Parents

Parents play a vital role in Crestmont Athletics, however the terms of partnership in Athletics differ than in the classroom.

Parents are expected to demonstrate and foster an environment of respect for authority, for others, and for the rules and standards of the school, athletic competition, and God's Word.

Parents are encouraged to be present during practice to assist the coaches in leading efficient and effective practice sessions. Parents are needed to support the coaches by encouraging student-athletes to accomplish any home study provided by the coaches, which includes at-home physical conditioning, ball handling practice at home, video watching, etc.

All parents of athletes will serve the team in such things as setting up for games, collecting admission, and performing official contest-related duties such as first down markers at football games and clock or scorebook keeping at volleyball and basketball games.

All parents should help with the clean-up process after all games.



Parents are not considered volunteer coaches. Parents do not have a role in team and game decisions. All discussions regarding disagreements in game decisions, strategy, player positions, amount of game time, etc., should follow the communication rules below.

The Athletic Director makes all decisions regarding coaching positions (including volunteer coaches), to include hiring and roles, responsibilities, and limitations.

Expectations for Game Spectators

All spectators, which includes students, staff, family, friends, parents, and visitors, share the responsibility to facilitate an atmosphere at games which is conducive to good sportsmanship and honor God. Spectator shall refrain from “booing” or cheering against opponents.

Spectators should always honor and respect the game officials, even when there is a disagreement with the game official(s).

Spectators must not speak to the coaches, players, or officials in a negative manner. Spectators who become verbally abusive to officials, coaches, players, or other fans will be asked to leave the event.

Spectators at games and practices should refrain from talking to athletes or “coaching” from the sidelines or audience stands. Athletes need to hear one voice during athletic competitions. That voice should be the coach of their team.

Spectators must not distract coaches during competitions. The 24-hour rule (see below) should be followed before sharing any comments, questions, or thoughts.

Spectators who become verbally abusive to officials, coaches, players, or other fans will be asked to leave the event

Any spectator who violates this standard of behavior may be asked to leave the athletic venue during the sporting event.

Participation Fees

Athletic Fees are essential to help fund the cost of athletics, which include equipment, gym time, game officials, tournament entry fees and league fees

Fees for each sport are developed by the school administration and announced prior to the start of each season. Athletic fees are assessed before the start of each sport’s season.



Athletic Fees do not provide funding for individual athletic events and awards, even if such events are a direct result of participation on Crestmont Athletics teams. This includes the TAIABO league All-Star game participation, and other similar events and awards.

Required Forms for Participation

For Crestmont's Competitive Sports, all parents and student-athletes must complete the following forms:

- Crestmont's Permission for Participation in Athletics
- UIL Preparticipation Physical Evaluation Form
- UIL Sudden Cardiac Arrest (SCA) Awareness Form
- UIL Concussion Acknowledgement Form
- Crestmont Athletic Handbook Acknowledgement Form

For student-athletes with special needs or accommodation, the UIL Request for Accommodation form can also be completed.

These forms must be completed and turned in to a coach or the Athletic Director prior to the first practice of each sport season. Athletes participating in multiple sports only need to turn in one set of forms at the beginning of the first sport they will participate in.

All forms must be completed on an annual basis. This includes the Preparticipation Physical Evaluation (sports physical).

Failure to turn these forms in by the beginning of the season may result in your student-athlete being unable to participate.

Team Schedules

The Athletic Director will schedule all games, meets and practices for each sport season. All games and practice schedules will be posted on each team's chat/calendar app (see 'Team Communication' below). The app's calendar will include addresses of schools and venues for each practice and game event. Events may change, cancel, or be added with short notice, so please check that app regularly.

Coaches reserve the right to make practices "closed", meaning no one is permitted to watch, including parents.

Team Communication



Coaches and the Athletic Director will communicate with parents and athletes via email or by a school-organized group chat/calendar app. Should in-person meetings between coaches, athletes and/or parents be requested, these should be arranged with an appointment.

Coaches should never meet with a student-athlete one-on-one behind closed doors, out of the line of sight of others, or so far away that an adult cannot intercede if the situation called for it.

Practice and Game/Meet Cancellation

In the event a game or practice is cancelled, the coach and/or the Athletic Director will notify the team(s) and parents in a timely manner.

Media reports or warning of inclement weather do not determine whether practice will be held; the coach in conjunction with the Athletic Director will make that determination.

When a game is cancelled, the coach may choose to hold practice instead. If this occurs, the coach will communicate this decision as soon as possible.

Addressing Concerns or Issues

Experiencing conflicts in Athletics is natural and effectively resolving them is essential to a healthy program. In all situations, the goal is resolution and restoration which requires love and humility from everyone involved.

Using social media to air athletics-related disagreements, disappointments, or difficulties is never the right way to resolve conflict. At Crestmont we abide instead by the principles laid out in Matthew 18:15-17:

Moreover, if your brother sins against you, go and tell him his fault between you and him alone. If he hears you, you have gained your brother. But if he will not hear, take with you one or two more, that by the mouth of two or three witnesses every word may be established. And if he refuses to hear them, tell it to the church, but if he refuses even to hear the church, let him be to you like a heathen and a tax collector.

If your student feels threatened with bodily harm, tell the coach and Athletic Director immediately to ensure your child's safety.

In all other cases except bodily harm or injury, parents should wait 24 hours before approaching a coach or another parent after an athletic event. Under no circumstances should a parent approach a coach or another parent in a harsh manner or immediately before, during or after a practice or game. Taking this time to reflect on the situation, as



well as honest and respectful communication should allow for more effective dialogue ensuring a more successful experience for everyone.

Any meeting with a coach is an opportunity to exchange information and respectfully discuss any concerns or questions you may have. It is appropriate for a parent to discuss their son/daughter's behavior, their skill development, and for physical treatment advice.

It is not appropriate for a parent to request feedback from the coach about team strategy, playing time, play calling, or other student-athletes contributions.

To resolve these circumstances, ALL the steps must be completed in the order given after following the 24-hour rule.

1. Athletes are encouraged to speak with their coach directly. It is a great learning opportunity for the student when he/she can find mutually agreeable solutions for an issue they are working to resolve.
2. If the coach and athlete are unable to resolve the issue, or if a parent has a concern, then parents may contact the coach to set a convenient time for a phone call or in-person meeting. Coaches will be happy to meet with you, but it may be a few days before they can meet with you.
3. If the discussion with the coach does not resolve the issue, parents and coaches may contact the Athletic Director to discuss the situation.
4. If the Athletic Director is unable to provide a satisfactory resolution, the parents may contact the Head of School.

Parents should never contact opposing schools, game officials, or TAILO office to voice complaints about athletics contests, opposing players, coaches, fans, or officials. All concerns and or/opinions should first be communicated following the steps above.

Athletics Policies

Team Membership

Crestmont is committed to providing all students in high school and middle school who are interested in competitive athletics the opportunity to participate. All teams may have player limits set forth by the Athletic Director and/or Head Coach. Failure to attend practices or abusing their privilege of participation can lead to disqualification from team membership.

Practice Times



Middle School

Middle School athletic practices will be scheduled by the Athletic Director and each sport's coach. Practices are held daily, except for game days. There may be circumstances that require practice times to be adjusted. Parents and athletes will be notified of any changes in a timely manner.

Middle School teams may practice together with High School teams. In these situations, the coaches will ensure Middle School safety and separate the teams when necessary.

Under no circumstance shall a Middle School practice run more than 2 hours during the school year.

High School

High School athletic practices will be scheduled by the Athletic Director and each sport's coach. Practices and games are held rain or shine, unless the coach and/or Athletic Director cancel the event. Parents and athletes will be notified of any changes in a timely manner.

Under no circumstances shall a practice run longer than 3 hours during the school year.

Playing Time and Game Strategy

We believe in our coaches' knowledge and ability. A coach's job is to manage and direct their sport. Each coach is responsible for evaluating athletes on their teams. Using considerable thought and metrics of qualification (when available), coaches will evaluate character, skill level, athleticism, physical conditioning, positional play, trainability, and punctuality. Coaches will use this and other information to develop game strategy, which includes player positions. Coaches may change that strategy as they determine, which may include player position changes.

Our coaches will do their best to ensure that every athlete gets in the game, but playing time is not guaranteed.

Athletes must demonstrate their ability to execute the game plan effectively, to play in a manner that is safe for themselves and for those around them, and to walk in a Christ-like manner on and off the playing field.

Varsity Letters

High School athletes have the opportunity to earn a Varsity team letter based on their participation in Crestmont competitive athletics. The requirements to earn a letter include the following:



- General Requirements:
 - Good practice habits
 - Knowledge of and compliance with rules
 - Good sportsmanship and coachability
 - Regular attendance at practices and games/meets
 - Completes the entire season of the sport they are participating in
- Team Sports:
 - Play in approximately 25% of each game
 - Attend the post-season playoffs / tournament(s)
- Individual Sports (Cross Country, Track & Field):
 - Attend approximately 25% of the season meets
 - Represent Crestmont at the league regional or state meet.

Crestmont non-competitive sports (defined above) and non-Crestmont sports teams/clubs are not Varsity-eligible programs. Participation with these teams does not make an athlete eligible for a Crestmont Letter.

Academic ineligibility does not exempt an athlete from the minimum participation requirements and can affect an athlete's ability to earn a Varsity letter.

Athletes that quit or are dismissed from a team/sport may not qualify for a letter, as determined by the coach and Athletic Director.

If an athlete's injury prevents them from meeting the minimum participation requirements for a letter, the coach and Athletic Director may determine eligibility for a letter, based on other factors of the athlete's participation.

Eighth graders who play on a Varsity team are permitted to earn a Varsity letter. However, they cannot purchase a letter jacket and wear their letter until they are in High School (ie., they will be eligible to purchase a letter jacket at the first opportunity after finishing Eighth grade and entering Ninth grade).

Coaches may petition the Athletic Director for awarding a letter to a student who has not met the Varsity letter standards but has made a significant impact on the team.

Letter Jackets



Athletes who have played on a varsity team and earned a varsity letter are eligible to purchase a Crestmont letter jacket. Any high school student may purchase a Crestmont Letter Jacket, but only those who participated in a varsity sport will receive a letter.

The Crestmont Letterman Jacket is part of the Crestmont uniform and must adhere to the following guidelines:

- Students wearing their letter jacket are representing Crestmont Christian Prep and must exhibit the highest level of personal conduct in accordance with Crestmont values.
- Letter jackets may be worn on campus and off campus.
- Letter jackets shall not be worn during Chapel and should be taken off.
- Only letter jackets purchased through the Letter Jacket program are recognized as official Crestmont Letter jackets on which Varsity letters may be worn.
- Letter jackets are considered personal items and all of the costs associated with purchasing and maintaining the jacket (to include adding patches, pins or bars, etc.) are at the athlete's expense.
- Only High School students are permitted to purchase and wear a letter jacket.

Athletes wearing Crestmont Letter Jackets should be reminded that they represent themselves and their school at all times, and their dress and appearance should reflect this:

- All clothing must be in good condition and fit the student appropriately.
- Fraying, holes, or tears are not allowed
- All clothing should be hemmed and not wrinkled, shabby, soiled, nor stained

Attendance

Practice, game and meet attendance are mandatory for all team members.

- If an athlete will not be attending a practice, meeting, or athletic contest, the coach must be notified at least one day prior to the event. Failure to do so may result in a coach's determined consequence.
- Missing practices and/or games (excused or unexcused) may result in limited playing time or removal from the team.
- Practice is held rain or shine unless otherwise noted by the coach.



- Any student-athlete who leaves an athletic event without prior coordination with the Coach will be subject to disciplinary measures.

The following policy for school absence will be applied to all athletic programs.

Students are required to be in attendance at school to be eligible for practice and game participation.

- Students with an unexcused absence are ineligible for participating in that day's game, unless cleared to play by the AD in advance (not the day of a game).
- An athlete that has an excused late arrival or early dismissal must attend at least half of a school day otherwise they are not eligible to participate in that day's game.
- Students with an excused absence, late arrival, or early dismissal are eligible to participate in practice.
- Any unexcused absence, late arrival, or early dismissal will render an athlete ineligible for practice and game participation.

Holidays

For teams to remain cohesive, effective, and competitive, high school athletes may be expected to play and/or practice during non-religious holidays (i.e. Fall Break, Thanksgiving Break, Winter Break, Spring Break, Summer Break, Labor Day, etc.) These dates and times will be communicated by the coach as early as possible to allow families to plan accordingly.

Athletes will not be required to play and/or practice on a day of religious observation. Parents of athletes are asked not to schedule family vacations once a season has started.

Illness and Injury

All injuries should be reported to the coach and/or athletic director at the time they occur so further injury can be avoided. If you are injured, remember the following:

- Tell the coach and/or athletic director that you are injured before leaving the court/field.
- Any athlete who becomes sick, nauseated, dizzy, and/or overheated during a practice or athletic event should notify the coach and/or athletic director immediately.
- No matter how small the injury is, get treated.



- Athletes are expected to attend team practices each day they attend school.
- Athletes **MUST** contact the coach ahead of time if they will miss practice for any reason, including illness.
- A doctor's note is required if an athlete is not able to attend practice because of an injury.
- A second notice from a doctor should be given to the coach to end physical restriction.
- If an injury occurs in a game or practice, the head coach will be responsible for communicating with the athlete's family

General Information

Uniforms

Crestmont athletic uniforms are to be worn only during interscholastic competitions.

While wearing a Crestmont athletic uniform with a visible undergarment (ie., undershirt, compression sleeve, legging, etc.), that garment must be of neutral color (ie., black, white, grey, navy blue).

The color of shoes, socks, head and wrist bands may be of personal preference.

Athletes are responsible for all items issued to him/her. Any lost, damaged or stolen items must be paid for by the athlete before another season starts. If the athlete has not returned or paid for lost items before the end of the school year, grades will be held until payment is received.

Follow the Uniform Care and Turn-in Guide (attachment #X). Doing so will ensure the maximum life for each uniform.

All uniforms are due on the date set by the Athletic Director or coach following the athletic season's end.

Practice Uniforms

Coaches may have final discretion on practice uniforms and may require a specific practice shirt or uniform.

When official practice uniforms have not been set, athletes should adhere to the dress code established in the Crestmont Family Handbook. These standards have been set for modesty during all practice sessions, which seek to minimize distractions – especially with our co-Ed sports.



From the Family Handbook:

Athletics Uniform

- Crestmont Spirit t-shirt, black, gray, or navy mesh shorts or athletic pants, socks, and athletic shoes.
- Shorts must be at least fingertip length.
- Leggings and form-fitting athletic pants must be worn under shorts, not by themselves

In addition to the school policy:

The color requirements for shirts, shorts, and shoes are relaxed at team practices and can be at the athlete's discretion. Crestmont Spirit T-shirts, black, gray and navy are preferred. However, shirt and shorts colors must not be distracting, and wording or logos on shirts and shorts must not be offensive or derogatory in nature.

For both young men and women, wearing biker shorts underneath is acceptable. Tank tops are permitted but should not be so loose as to be revealing.

Young ladies should not have bra straps showing and sports bras need to be supportive when running.

Travel

Transportation to practices and contests/games are the responsibility of the parents.

Early Release

The Athletic Director, in conjunction with each Coach, will coordinate early release times when early release from the school day is necessary to ensure a team(s) can arrive on time to warm up for a contest or game. Parents will be notified by the Coach and/or the Athletic Director when early release will start.

Parents must still follow the school's "Leaving Campus Early" policy found in the CCPS Family Handbook and email the administrative assistant with the required information.

Facility Usage Policy

Crestmont rents all facilities for practices and games. Athletes are expected to treat those rented facilities and the facilities of the schools we visit with absolute respect and care. Crestmont athletes or families will be responsible for any damages caused or required cleaning and will be assessed the cost of those repairs or cleanup.

Gym/Locker Rooms



Crestmont does not have a gym or locker rooms where uniforms and personal items can be kept

Equipment

Athletes may borrow Crestmont sports equipment with approval from the Athletic Director. Athletes shall treat Crestmont sports equipment as their own, and fees will be assessed for missing or damaged equipment.

Depending on the sport and specific circumstances, Crestmont shall provide the basic equipment for each sport. In the event this is not possible, the Athletic Director shall inform the participating families on what equipment is needed for that particular sport.

Coaches will inform athletes of required personal sports equipment that families need to purchase that is necessary for a particular sport (ie. mouthguards, volleyball kneepads). Not acquiring this equipment may prevent an athlete from participating in that sport.

Coaches may also recommend the purchase of sports equipment for personal use or for use during a sports season, such as training aids like jump ropes or weighted basketballs. These recommendations will not prevent an athlete from participating but could inhibit their development in that sport.

Interscholastic Participation

All Crestmont athletes must be exemplary members of the student body. To meet this goal, standards of academic excellence have been developed for athletes to establish and maintain eligibility.

Academics

Academics are a student athlete's primary responsibility at Crestmont. Student athletes are expected to meet the following academic standards:

- All student athletes must receive passing grades in all of their classes.
- Student athletes are expected to complete their classwork ahead of time when classes will be missed due to sports events or make arrangements with their teachers for the missing work before the class is missed.
- If a student-athlete is struggling with one or more classes, the athlete is expected to discuss the issue with their teacher and coach before academic ineligibility becomes an issue. Coaches can provide encouragement and may be able to find ways in a positive manner to help the athlete reach academic success.



Academic Eligibility

Extracurricular eligibility requirements are stated in the Crestmont Christian Prep Family Handbook. This policy also includes the requirements to regain academic eligibility.

Coaches have authority to institute measures of accountability to help athletes academically succeed, whether an athlete is in danger of becoming ineligible or not. This may include options such as discussing grades with players and requesting grade checks.

Team Participation If Ineligible

Athletes who are placed on academic ineligibility may not play in games, they may however sit on the bench to support their team. Athletes are still required to practice with their teams unless they are actively involved in actions to improve their failing grades. Students will be encouraged to seek academic help as much as possible and will be expected to do their best to work around both their team and their class schedules, however, academics will be their priority.

Athletics Credits for Graduation Requirements

All High School students are required to complete 2 consecutive semesters of Athletics participation. This requirement is normally met by taking 2 consecutive semesters of the Athletics class. This can also be satisfied by participating in 2 athletics sports in up to 2 consecutive years. I.e., playing on the volleyball team in two consecutive seasons, or volleyball followed by basketball or track in the same academic year.

Contact the Academic Dean for more information and to obtain the official athletics compliance form.

Disciplinary Issues

Any student athlete who does not maintain a satisfactory level of conduct will be subject to disciplinary actions.

Athletics disciplinary issues will first be addressed between the coach, the athlete and their parents. Any disciplinary plan will be documented by the coach.

Disciplinary actions may affect athletic participation, including suspension of game participation and removal from the team bench. Continued or severe disciplinary issues may result in being removed from the team without a refund of the athletic fee.

The disciplinary plan will be considered complete when all aspects of the discipline plan are met and approved by the coach.



Suspension from School

A disciplinary action severe enough to warrant student suspension will eliminate the student athlete from all participation in interscholastic sports for the duration of the suspension. Therefore, any suspension, whether in-school or out-of-school, will render a student athlete ineligible to attend practice or any interscholastic contest.

Substance Abuse and Hazing

Any student athlete found to be in violation of the school's substance abuse policy will automatically be suspended from all team activities including practice, games, tournaments, dinners, etc., while the reported offense is under review by the coach, Athletic Director and school administration. The Crestmont Athletic Department reserves the right to impose a disciplinary action or other conditions which it considers to be appropriate to the circumstances of the violation. This may include suspension from the athletic team for the remainder of the season, as well as expulsion from the athletic program for the remainder of the school year.

Crestmont forbids any hazing. Hazing is defined as any forced, required, intentional or negligent action, situation, or activity which recklessly places any person at risk of physical injury, mental distress, or personal indignity, or which encourages violation of any federal, state, local, or school law for the purpose of initiation into, or affiliation with, any organization affiliated with Crestmont. Hazing, with or without the consent of a student, is prohibited by Crestmont and a violation of that prohibition renders both the person inflicting the hazing and the person submitting to the hazing subject to discipline.

Non-Crestmont Sports Team Participation

Crestmont will take precedence over club or league competitions and practice sessions. Athletes will not be excused from Crestmont practices or games in order to attend games or practice sessions for club or league teams. It is the responsibility of the athlete to communicate his/her participation on club or league teams prior to the start of the season so any potential conflicts may be worked out. Failure to communicate before the start of the season may result in the removal of an athlete from the team.

Failure to Complete a Sport Season

Leaving a sport during a season is highly discouraged. Athletes will be expected to honor their commitments to their teams. If a student still decides to drop a sport, he/she must follow the guidelines below:



- The student-athlete must first talk to the coach to see if a solution can be reached.
- A conference with the parents, athlete, coach, and Athletic Director or any combination thereof, may be required and is highly recommended before a student leaves the sport
- If an athlete leaves the sport, he/she must check out of the sport as if he/she would check out at the end of a season. All equipment must be turned in clean and undamaged. The athlete must pay for any equipment not turned in.
- Failure to complete a season for reasons other than medical (documented physician's order) or hardship (Administrative approval required) may consequently make the student ineligible for the next sport season. The next sport season may be within the same school season or the next school year (as in the case of spring sports).
- All decisions are subject to review by the athletic director and administration with possibility of loss of playing time and suspension.

Crestmont Student-Athlete/Parent Contract for Athletic Participation

Understanding and adhering to this handbook is vital for building the athletic culture at Crestmont.

All families are required to read and abide by the terms in this handbook. Failing to abide by these policies may result in suspension and/or dismissal from a sports team, and potentially from the Athletic program.

As part of the registration process, families participating in competitive sports teams will be required to accomplish the Crestmont Athletic Handbook Verification form found at crestmontprep.org/athletics. Completing this form is required once for each family per academic year. An athlete(s) registration will not be completed, and they will not be able to participate with their team, until the verification form is completed.

Please note this document is subject to change during the school year. If changes are made during the school year, parents will be notified when those changes are published.

WELCOME TO CRESTMONT ATHLETICS!



LET'S GO WARRIORS!

